

Spring Preseason Meeting



March 11, 2024



PURPOSE



- One message
 - Goals of Education-Based Athletics
 - Expectations
-



Who needs Impact test?



- Contact sports only
 - Track (except pole vaulters), Tennis, Unified Track excluded in spring
 - Freshmen
 - Juniors
 - Transfer students
 - Anyone new to HS sports
 - Anyone whose last baseline test was more than two years ago (must have been taken after June 30, 2022)
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Education-Based Athletics



- The “other half of education” or “the last class of the day”
 - Extension of the classroom.
 - Complements the education experience.
 - Life lessons that are often not taught or learned elsewhere.

 - Enhances the academic mission of the school and district.
 - “The Nashua School District will educate the whole child to empower student success.”
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Nashua Athletics Culture



Excel in *academics*,
sportsmanship and athletics
while building pride within the school
and the *community*.



Nashua Athletics Culture



- Accountability
 - Commitment
 - Excellence
 - Responsibility
 - Sportsmanship



Sportsmanship



**“Ethical, appropriate, polite,
and fair behavior.”**

AT ALL TIMES

T Bullying



- Nashua School District policy JICK
 - NH RSA 193-F
 - Bullying is hereby defined as a **single significant incident** or a **pattern of incidents** involving a written, verbal, or electronic communication, or a physical act or gesture, or any combination thereof, directed at another student which:
 - Physically harms a student or damages the student's property;
 - Causes emotional distress to a student;
 - Interferes with a student's educational opportunities;
 - Creates a hostile educational environment; or
 - Substantially disrupts the orderly operation of the school.
 - Bullying shall also include actions motivated by an imbalance of power based on a student's actual or perceived personal characteristics, behaviors, or beliefs, or motivated by the student's association with another person and based on the other person's characteristics, behaviors, or beliefs.
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T Bullying



- The Nashua School District is committed to providing all students a safe and secure school environment.
 - Conduct constituting bullying and/or cyberbullying will not be tolerated and is hereby prohibited.
 - The District reserves the right to address bullying and, if necessary, impose discipline for bullying that:
 - Occurs on, or is delivered to, school property or a school-sponsored activity or event on or off school property; or
 - Occurs off of school property or outside of a school-sponsored activity or event, if the **conduct interferes with a student's educational opportunities** or substantially disrupts the orderly operations of the school or school-sponsored activity or event.
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STUDENT Expectations



- **Be a good teammate.**
 - Student-Athlete Parent Handbook
 - Get the job done in the classroom first.
 - Go to class and be on time.
 - Maintain highest level of character—even if no one is watching.
 - Conduct self in a positive, courteous, respectful manner.
 - Play multiple sports.
 - Display good sportsmanship.
 - Use social media in positive ways only.
 - Listen to and learn from your coaches.
 - Act as a role model for peers and younger students.
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PARENT Expectations



- Student-Athlete Parent Handbook
 - Model appropriate behavior and demand the same from others.
 - Use social media in positive ways only.
 - Let the players play, the coaches coach, and the officials officiate.
 - Post-game comments to your child should be “I love watching you play” rather than an analysis of the game or coaching tips.
 - Cheer like crazy for ALL of the players/team members.
 - Support and complement the coaching staff.
 - Respect and promote the program.
 - Encourage multi-sport participation
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COACH Expectations



- Student-Athlete Parent & Coach Handbooks
 - Model appropriate behavior.
 - Treat all players and parents fairly.
 - Use social media in positive ways only.
 - Clear and consistent communication with parents about schedules etc.
 - Communication with players regarding roles and responsibilities within the team and program.
 - Health and Safety of all student-athletes.
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Dual Sport Athletes



➤ New Form

➤ Coach can say no

NASHUA ATHLETICS
Dual Sport Application

Student-Athlete Name: _____
School: _____ **Grade:** _____

Please note that this is an application, by completing and submitting this form, it is not a guarantee that a student will be afforded the opportunity to compete in two sports in the same season. Before signing this form, coaches must come to an agreement with the student about what a dual sport schedule will look like for the season. Coaches do not need to sign off in agreement to any dual sport application.

Each student will still be held to the following guidelines:

- No student may practice for more than 3 hours in any one day. This is total hours for both sports.
- A student may not participate in school-based athletic programs for seven consecutive days. This is accumulation for both sports.

By signing below, both coaches agree to the following:

- Interscholastic competitions come before practices.
- Primary sport competition comes before secondary sport competition.
- Secondary sport competition comes before primary sport practice.
- Primary sport practice comes before secondary sport practice.

Please circle the two sports in the SAME SEASON that you wish to play.

Fall Season:	Winter Season:	Spring Season:
Bass Fishing	Basketball*	Baseball
Volleyball	Unified Basketball*	Lacrosse
Football	Gymnastics	Outdoor Track & Field*
Golf	Ice Hockey	Unified Track*
Cross Country	Indoor Track & Field	Softball
Soccer*	Ski	Tennis
Unified Soccer*	Spout	
Field Hockey	Swim & Dive	
Spout	Wrestling	

*A student cannot participate in a Unified sport and the same sport in the same season.

Which of the two sports will be declared your primary sport in the case of conflicts? _____

Turn this form in to the athletic office once completed.

Please communicate your desire to participate in two sports in the same season to the two coaches of those programs, your parent/guardian, your Assistant Principal, and at least one teacher or counselor. All must sign this form in the affirmative in order for you to participate in two sports in the same season.

You must get the following three signatures BEFORE getting the coaches to sign.

- ☐ As this student's administrator I fully support this student in their effort to play two sports in the same season and believe they will be able to manage the schedule and maintain their academic performance.
- ☐ As this student's administrator I DO NOT support this student in their effort to play two sports in the same season.

Assistant Principal: _____

- ☐ As this student's teacher or counselor, I fully support this student in their effort to play two sports in the same season and believe they will be able to manage the schedule and maintain their academic performance.

- ☐ As this student's teacher or counselor, I DO NOT support this student in their effort to play two sports in the same season.

Teacher/Counselor: _____

- ☐ As this student's parent/guardian, I fully support them in their effort to play two sports in the same season and believe they will be able to manage the schedule and maintain their academic performance.

Parent/Guardian Signature: _____

Coaches -- do not sign this form without the above three signatures

PRIMARY SPORT: _____
☐ As the primary sport coach, I am confident this student will be able to meet the requirements and commitment of each sport. I further understand that competitions/events of the primary sport will come before my sport's practices.

- ☐ As the primary sport coach, I DO NOT support this student in pursuing dual sports in these two sports.

Primary sport Coach: _____

SECONDARY SPORT: _____
☐ As the secondary sport coach, I am confident this student will be able to meet the requirements and commitment of each sport. I further understand that competitions/events of the primary sport will come before my sport's competitions/events as will primary sport practices come before my sports practices.

- ☐ As the secondary sport coach, I DO NOT support this student in pursuing dual sports in these two sports.

Secondary sport Coach: _____

➤ PRIMARY Competition > SECONDARY Competition

➤ Secondary COMPETITION > Primary PRACTICE

➤ PRIMARY Practice > SECONDARY Practice

AD Expectations



- Focus on the student
 - Provide guidance and direction
 - Role model
 - Visible
 - Available
 - Support
 - Hire the best possible coaches
 - Make decisions that are fair and consistent
 - Manage and lead all aspects of Nashua Athletics
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Communication



- Parent with Player
 - Player with Coach
 - Parent and Player with Coach (24-hour rule)
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Transportation



- All players, managers, and coaches are required to be on the bus to away events.

 - Player riding home with parent from away game
 - ✓ Own child only
 - ✓ Notify the Athletic office by 2:00pm the previous school day for permission not to return home on a bus.
 - ✓ Weekend events require notification by 2:00pm on Friday

 - **Students MAY NOT drive themselves.**
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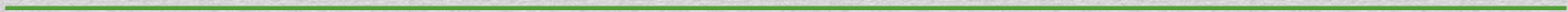
Athletics Website & Twitter



www.NashuaNorthAthletics.com

www.NashuaSouthAthletics.com

- Game & Event Schedules
 - Student-athlete parent handbook
 - Registration/eligibility information
 - Fan Accounts
-
- Twitter
 - @nashuaathletics





Student Approval Process



- Enrolled
 - Registered
 - Physical (on or after July 1, 2022)
 - Academics
 - Baseline Impact Test (on or after June 30, 2022)
 - Other
-



Academic Eligibility *** NEW ***



- Based on grades from Q2/S1 grades – January
 - Guide to Athletic Academic Eligibility
 - No Academic Waivers
 - Report Cards again in early April
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Academic Eligibility

*** **NEW** ***



ELIGIBLE	CONDITIONALLY ELIGIBLE	NOT ELIGIBLE
<ul style="list-style-type: none">✓ Minimum of 3 classes <p>AND</p> <ul style="list-style-type: none">✓ No more than ONE non-passing grade (F, NC, Fail, Inc)	<ul style="list-style-type: none">✓ Minimum of 3 classes <p>AND</p> <ul style="list-style-type: none">✓ Do not fall into either of the other two categories <ul style="list-style-type: none">✓ Weekly progress reports <ul style="list-style-type: none">✓ Monitored by Athletic Office, coaches, teachers, etc	<ul style="list-style-type: none">✓ Fewer than 3 classes <p>AND/OR</p> <ul style="list-style-type: none">✓ Pass fewer than 50% of classes



School attendance



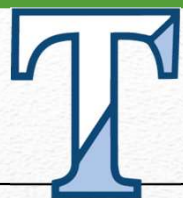
- Student-athletes and parents must report absences and tardies appropriately at the beginning of the school day.
 - The Athletic Office cannot override the official school attendance.
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School Attendance



ELIGIBLE TO PARTICIPATE	NOT ELIGIBLE TO PARTICIPATE*
<p>In school minimum of 2 ½ blocks</p>	<ul style="list-style-type: none">✓ Not in school✓ Nurse dismissal✓ Tardy or dismissed (excused or unexcused) so not in school 2 ½ blocks✓ Weekend event/practice – was not in school Friday✓ Vacation/holiday event/practice – was not in school last day before vacation/holiday✓ Suspended (in-school or out)✓ Unexcused tardy 4-9

* Extenuating circumstances must be cleared by the athletic office.



School Tardies



Unexcused Tardy #	Consequence	Notes
4	Sit that day	If practice day – whether they compete in next event is up to you
5	Sit that day AND Sit next event	If event day – they miss today’s event and then next event.
6	Sit that day AND Sit next event Missed events are cumulative	If event day – they miss today’s event and then next event. If #6 occurs before they sit the event for #5 – they sit the next 2 events.
7		If event day – they miss today’s event and then next event. If #7 occurs before they sit the event for #5 and/or #6 – they add on
8		If event day – they miss today’s event and then next event. If #8 occurs before they sit the event(s) for previous unexcused tardies – the missed events add on.
9		If event day – they miss today’s event and then next event. If #9 occurs before they sit the event(s) for previous unexcused tardies – the missed events add on.
10	Dismissed from team	Removed from roster - Uniform(s) returned - Loss of “credit” for season



District & state policies



- Behavioral & Academic Expectations
 - Bullying, Hazing, and Taunting
 - Non-school competition
 - Sportsmanship
-



Non-school Competition



THIS IS NOT A COACH'S DECISION

NHIAA By-Law Article II Section 7

“members of a school team, as of the first date to practice in that sport, are prevented from missing a high school practice or competition to compete with an out-of-school team, practice or competition to include tournaments, showcases, combines or other athletic events.”

Penalty

1st offense: out for 4 events or 3 weeks whichever is greater

2nd offense: out for remainder of school year



Disqualifications



An ejection or disqualification from an event is a subjective decision by the officials and cannot be protested or appealed.

Suspensions will be in place regardless of the reason for the ejection/disqualification.

- 2 game suspension
- 4 game suspension if due to a fight
- 2nd offense in season leads to disqualification for balance of season

All ejections require a meeting with the Athletic Director and viewing of the NFHS Sportsmanship video.



District & State Policies



ALL Nashua School District Policies

(www.Nashua.edu)

NHIAA Member School – ALL By-Laws

(www.NHIAA.org)

Important Dates



- Start Dates
 - Baseball, Softball, Lacrosse, Tennis, Track – March 18
 - Unified Track starts – March 25

 - Registration Closes
 - Midnight on the first day of practice/tryouts for all sports

 - Team Photos: South- Thursday, April 11; North – by team TBD

 - Awards Night: Monday, June 3, 2024 (South 6:00 pm/North 7:00 pm)
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